

Extension Food Preparation Volunteer

Volunteer Position Description

Extension Food Preparation Volunteer
Cooperative Extension Service
University of Kentucky

POSITION TITLE:

Extension Food Preparation Volunteer

TIME REQUIRED:

The amount of time needed to complete the role, listed in both frequency and duration
Additional time may be needed for preparation before the event.

(Personalize to your activity-i.e. weekly meetings, lasting 90 minutes each, with approximately one hour preparation)

LOCATION:

Extension office or community centers with access to kitchens and local schools with access to kitchen.

GENERAL PURPOSE:

- Assist with food preparation for extension events, as directed by agent or volunteer leader.
- While volunteering, youth and adults will be educated and engaged with the basics of culinary arts, nutrition, foods, food safety, meal planning, cooking techniques, the art of food decoration and food preparation.
- While volunteering, youth and adults will also become acclimated to a kitchen environment and other related topics.

SPECIFIC RESPONSIBILITIES:

- Work with Extension agent to coordinate meetings and activities
- Provide leadership and positive feedback to adults, 4-H members or other youth
- Work with County agent and assist with the evaluation process

QUALIFICATIONS:

- Applicants must complete the volunteer application and screening process
- Volunteers provide their own transportation to meetings and activities
- Self-starter; Must be able to work with minimal supervision from professional staff
- Effective communication skills with Extension Staff, volunteers, and program participants.
- A sincere interest in working with Extension staff, volunteers, parents and youth
- Organizational skills; Ability to organize information and materials in a timely matter

BENEFITS:

- The opportunity to work with youth and/or adults, providing positive support and growth experiences
- Volunteer development opportunities; Receive intrinsic and extrinsic rewards
- Opportunities to share your skills, talents and interests
- Orientation provided by Extension staff
- Research shows that volunteering promotes improved health
- Opportunity to make a difference in the life of a youth or adult
- Use office supplies and materials
- Extension professionals will be available for consultation

SALARY:

Unsalaries; volunteer. This position does not imply employment with the University of Kentucky.

SUPERVISOR: (County Extension Agent responsible and accountable for this position)

Name:

Title:

Address:

Phone:

e-mail:

"I have read, understand and agree to fulfill the purpose and responsibilities of this volunteer position and further agree to accept guidance and direction from the supervisor. I am committing to involve individuals regardless of race, color, age, sex, religion, disability or national origin in educational experiences in cooperation with other Extension volunteers and Extension personnel. I also understand that failure to fulfill the purpose and responsibilities of the volunteer position and to accept guidance and direction from the supervisor could result in suspension of my position. I also understand that this volunteer position is renewable annually; I will notify the supervising professional if I am no longer interested in serving."

SIGNATURES:

Signature of volunteer

Date

Signature of supervisor

Date

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506

